



# Cycling **TASK FORCE**

The Cycling Task Force is made up of members of all local governments, working together to develop a comprehensive cycling strategy. Our goal is to improve cycling access in the Comox Valley, both recreationally and for commuting, and to improve safe travel for all members of the public and safe access to regional bikeways.

The Task Force will focus on education, recreation, and transportation. Making cycling safe, enjoyable and efficient in the Comox Valley will lead to more people getting on their bikes - improving their health and creating a cleaner environment and community!

Check the local government websites for details on Comox Valley Task Force meetings:

[www.courtenay.ca](http://www.courtenay.ca) • [www.comox.ca](http://www.comox.ca)  
[www.comoxstrathcona.ca](http://www.comoxstrathcona.ca)

**For more information** contact  
Ronna-Rae Leonard 338-0978 or  
email [charyrr@telus.net](mailto:charyrr@telus.net)

## Five Key Traffic Principles

The high price of fuel has many commuters wondering about alternatives. Why not give cycling a spin? It's a low-maintenance, healthy way to get around town - and best of all, there's no need for fill-ups. To stay safe on the road, keep in mind these basic principles for riding in traffic:

### **Ride with (not against) traffic.**

- Never ride on the left facing traffic, or on the sidewalk.

### **Yield to crossing traffic when appropriate.**

- The person on a minor street yields to those on a major street.
- At uncontrolled intersections (e.g., 4-way stops), the person who arrives last yields. If two people arrive at the same time, the person on the left yields to the one on the right (remember "right of way").

### **Yield to same-direction traffic when appropriate.**

- The person changing his or her line of travel must yield to others already in that line of travel.

### **Position yourself at intersections according to your intended direction beyond the intersection.**

- Turn left from the centre or left third of the roadway; turn right from the centre or right third of the roadway.
- At a multiple-lane intersection, choose the rightmost lane that serves your intended destination.

### **Position yourself between intersections according to your speed relative to the rest of the traffic and the useable width of the road.**

- Slower traffic stays to the right, faster traffic passes on the left. If you are travelling at the same speed as the rest of traffic, ride in the centre of the lane. Passing on the right is allowed in certain instances, but only do so if it's safe. Watch for turning vehicles or opening car doors!
- On a lane that is too narrow to safely share, ride in the middle of the lane.

*These principles are courtesy of the Centre for Cycling Education, [www.thecce.org](http://www.thecce.org)*

